

THE REFLECTOR

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September 2020



Tryphenia Speed
NGUMW Conference President

Doing A New Thing—Let Your Light Shine

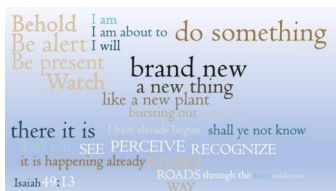
Some of you may remember a few years ago, the NGC UMW's theme **"Doing a New Thing"**. Well that certainly applies to 2020, a season when we are being challenged with the uncertainty of a pandemic, an election year, protest against injustices and racism. Some of the new things we are doing expresses the current theme **"Let your Light Shine"**.

We are wearing mask and social distancing to protect ourselves and others. UMW members let their light shine as we provide for the needs of others through the making of mask and or donating mask, donation of funds for UMCOR kits along with other needed supplies to essential workers and others.

As we prepare for a new thing, UMW District Members are identifying officers and events for the new 8 District Structure. The new officers will be installed in early 2021 to serve a two-year term.

NGC will hold its first virtual election with the 2021-2022 slate of conference officers at the Annual Meeting on October 3rd. Please review the slate which is included in this newsletter. If you are interested in making a nomination from the floor, this will need to be done in writing prior to September 25, 2020 and mailed to the Chair of the Committee on Nominations. The form to make nomination is included in this newsletter (*pages 9-10*).

The UMW Southeastern Jurisdiction (SEJ) Meeting was cancelled due to the pandemic. A virtual election was held in July to elect the Directors to represent the SEJ on the National Board and to elect the SEJ Planning Team. Both nominees from the NGC were elected. Congratulations to Deloris Carhee, former Conference President and Haejin Ban, Conference Korean Language Coordinator who were elected along with four others to represent SEJ on the National Board. These ladies will serve as Directors on the National Board for 2021-2024 Quadrennial. I was elected to serve on the SEJ Planning Committee for the next quadrennial.



With four months left in 2020 and an unknown number of months left in the pandemic, we can do many more new things and Let Our Light Shine.

Stay safe, healthy, and connected with your family, church and UMW.



Tryphenia Speed, NGUMW Conference President



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Greetings!

I hope everyone is well and staying healthy during this unprecedented time.



Stephanie Dressler, Vice President
NGUMW Conference

As we are navigating new waters so to speak, we have had to cancel and move things on the fly. Personally, that has been hard for me as I like to plan and execute. When things don't happen as planned, I have learned to let go and know that God will take care of things in His time, not mine. I dreamed of being able to have a face to face Annual Meeting, but once again, it isn't going to happen as I would like for it to. Therefore, we are doing a new thing and having our Annual Meeting virtually. This will be a first. I thank God that we have this tool for us to be together, even if it is virtually.



Elizabeth Lee, Executive
National UMW

Please plan on joining us on **Saturday, October 3 at 10am via ZOOM** for our **Annual Meeting**. We will be registering via email or paper registration with our very capable registrar Anita Pygatt. Once registration has been closed, she will be sending the meeting link and a PDF version of our Program Book. **Elizabeth Lee, National United Methodist Women Executive for Economic and Environmental Justice** will be speaking to us and we plan on having virtual Communion. Please see the registration form located on page 11 in this newsletter.

The **2020 Annual Meeting** offering will go to support the Conference's Sacrificial Giving to the four National Mission Institutions. Checks should be made payable to NGC UMW and mailed to:

L. Susan Stroup, Conference Treasurer
743 East Point Road
Cedartown GA 30125-2838

You can mail your checks on or before the Annual Meeting date (October 3, 2020). I look forward to "seeing" you then.

Due to the upcoming re-districting, the executive steering committee decided to move our **Leadership Development Day** into **2021**. With new leadership being installed in January, it made sense to move this to **Saturday, February 27, 2021 at Carrollton 1st United Methodist Church**. Stay tuned for additional information.

I pray for the day when we can all be together again in person (safely of course) and I thank you for all you are doing to continue the work of United Methodist Women in such a time as this.

Stephanie Dressler, Vice President
North Georgia Conference UMW



Carrollton 1st UMC
February 27, 2021

PURPOSE

OF UNITED METHODIST WOMEN



The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



From the Treasurer



What day is it? What month is it? Are we still in 2020? Does it even matter anymore? If you are like me, each day is like the one before it and like the next day. Those things that gave definition to my weeks and helped me stay on track are not happening. And when the weeks are not defined, I lose track of the months.

And so, I was hesitant to look to see where we are financially compared to last year. As expected, we are down in our giving but only by 12%! **Way to go North Georgia!** For some of our units, it has been a challenge to figure out how to still be the hands and feet of Christ in the world but this is work that we must do! If our foremothers could birth a powerful agent for change in our country without Zoom, text and email, how much more we should be able to do.

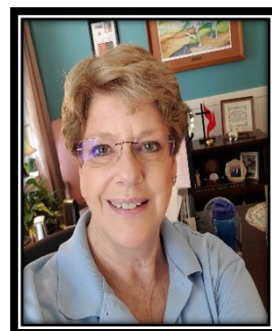
United Methodist Women National Mission Projects keep on working, keep on serving, and keep on being the hands and feet of Christ in the world. These institutions, for whom United Methodist women provide support, are doing their best to maintain essential services as they experience increasing needs. Our advocacy work continues, and if my email is any indication, has increased over the last few months as we speak up for the marginalized in our communities. ***Our work as United Methodist Women is more important than ever.***

Thank you for your continued giving. Prayerfully consider how you and your unit can help make up that 12%!

"Our work as United Methodist Women is more important than ever...."

L. Susan Stroop, Deaconess

N GA Conference United Methodist Women Treasurer
treasurerngcumw@gmail.com
770-546-0799



L. Susan Stroop
NGUMW Treasurer

SMYRNA FIRST ANNUAL UMW Ice Cream Social 2020



In these unprecedented times we are having to come up with creative ideas to reach out to our membership and stay connected. The Smyrna First United Methodist Women decided to take their Annual Ice Cream Social virtual this year. We were honored to have the Rev. Dr. Royeese Stowe be our guest speaker for the evening. The plan was to film from a cute little candy ice cream shoppe in downtown Covington but due to technical difficulties (internet!!!) we had to move to Dr. Stowe's front porch which turned out just perfect. We have had over 300 people view this taping and were delighted to share the message of "Being a Light for Social Justice" and just plain having fun fellowshiping together. If you would like to view the Ice Cream Social please go to the link below and click in for an hour of fun and laughs.

Streamed live on Jun 9, 2020 <https://youtu.be/c6xTX37ixLE>

(Submitted by Adrienne Myers)



Janice M. Walker, Coordinator
Education and Interpretation
North Georgia Conference UMW



Our Mission Institutions are powering through this pandemic in spite of all that face their community; serving meals to seniors, planning activities for children and youth, and adjusting to new ways of learning. They are making sure to meet everyone needs to the best of their ability while practicing social distancing, and wearing face coverings to reduce the spread of Covid-19. We are in unprecedented times. Let's remember our sacrificial gifts to assist our Institutions. Think about how your Units might help in this season. Here are just a few of the activities and measures taken, I'd like to share with you from our Mission Institutions.



New Bethlehem

Although New Bethlehem is closed to most indoor activities since March, they continue to serve the community, providing food twice a month to over 140 families, as well as feed 25 Senior Citizen by providing Food Box and Meal Delivery service weekly. <https://www.nbccaugustaga.com/>

Murphy-Harpst

The staff at Murphy-Harpst are thinking of new ways to keep kids inspired during Covid-19 since they can no longer accept visitors or take off-campus field trips by hosting a socially-distance Gallery and Art Show. Many of the residents have their first breakthrough in Art Therapy and it is a key component to the kids healing journeys. Some of the young artists sold their art pieces to staff members for extra allowance money and supporters on social media have expressed interest in a Virtual Art Show! The experience proved to be fun and a big confidence booster for the kids involved. <https://murphyharpst.org/>

Paine College

A unique time such as this required a unique response for Institutions of learning. Paine College's goal has always been to provide a transformational education experience preparing students for the ever-changing world. The fall semester is already underway instructing students through virtual learning to ensure no interruption their education. A Covid-19 Response Center has been set up to teach students about proper face covering do's and don'ts, health and safety guidelines, and self-monitoring procedures. <https://www.paine.edu/web/mycampus/home>

Atlanta Clark University

In-person and online instruction is underway for the Fall Semester at Atlanta Clark University as staff and students are determined to move 'Forward Together,' but it's not business as usual. Students are required to follow CDC guidelines while on campus which includes temperature checks at the entrance gate, practicing social distancing, encouraging frequent use hand sanitizer, and wearing a face mask. <https://www.cau.edu/>



**MAKE A DIFFERENCE FOR THE FUTURE.
MAKE A SACRIFICIAL GIFT TODAY.**

CONSIDER.....

**Your sacrificial gift can help us further support our four (4) National Mission Institutions!
Only \$133 per month, \$4.00 per quarter, or \$16.00 per member can help!**

 <p>Step One-Pray Pray that God directs your plans. "Commit to the LORD whatever you do, and He will establish your plans." Proverbs 16:3</p>	 <p>Step Two-Budget Decide on an amount you can give during the upcoming year. "But seek first his kingdom and his righteousness and all these things will be given to you as well." Matthew 6:33</p>
 <p>Step Three-Pledge Communicate your plans by committing to an additional sacrificial giving. "Whatever you do work at it with all your heart." Colossians 3:23</p>	 <p>Step Four-Give Make your gift or set up a recurring donation. "God will meet all your needs according to the riches of his glory in Christ Jesus." Philippians 4:19</p>

**Won't you consider a sacrificial giving of \$16.00 for 2020 to further assist our four (4) National Mission Institutions?
Sacrificial giving period: January 1, 2020 – December 31, 2020
(**Additional information forthcoming**)**



Greetings to all,

My prayer is that this finds you all well and healthy during this challenging time. We have certainly been experiencing an event that we have never seen in our lifetime. One thing that remains a constant is our Heavenly Father who is always in control of our lives and the world in which we live. We can all take comfort in this Blessed Assurance.

GET READY FOR THE 2020 CENSUS



I have received the final report on our 2019 Census and thank you to all who reported and I encourage more participation for our 2020 Census which will be available on the National Website for reports by November 1st at the latest. The earlier you report, the better. I will send more info about that later. I was on a Zoom meeting a couple of weeks ago with the membership leaders at National during which we discussed ways to increase participation as well as the strengths and weaknesses within our UMW units as shown in the reports.



Nadine Lacy, MNO
North GA Conference UMW

With the new restructuring of our Districts in the North Georgia Conference, we will be losing some of our familiar Units within our current districts and gaining some that we can get to know better as we move through the year of 2020. **We are all still North Georgia Conference UMW** working together to fulfill our Purpose. Let's continue to remain faithful and committed to the work we have been called to do.

Blessings to each of you,

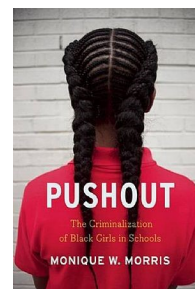
Nadine Lacy, Membership Nurture Outreach
North Georgia Conference UMW

Greetings sisters,

As you may be aware, one of the four Social Action campaigns for 2020, **Interrupting the School to Prison Pipeline** is extended through 2024. Notwithstanding the upcoming presidential election and coronavirus pandemic, Black Lives Matter, Racism, and Racial Inequality are all dominating local and national news outlets. We must continue to be disruptors by not letting up and continuing to place emphasis on this unjust practice... *"And let us not grow weary of doing good, for in due season, we will reap if we do not give up Galatians 6:9."* This is not the time to stop!

To aid understanding, growth and transformation, United Methodist Women provide opportunities for education and personal growth. Although some of you have read the book *Pushout*, many have not. Consider this mission study as you plan your activities for the remainder of this year and next. **Pushout: The Criminalization of Black Girls in Schools**

Issue Mission Study: 2020 - <https://www.unitedmethodistwomen.org/pushout-the-criminalization-of-black-girls-in-schools>



Faith Talks are monthly conversations with United Methodist Women that empower us to put faith, hope and love in action. Three recent talks explore the injustice of racism and inequality:

- ⇒ Voter Guides & Voter Suppression
- ⇒ Dismantling Racism
- ⇒ Mass Incarceration

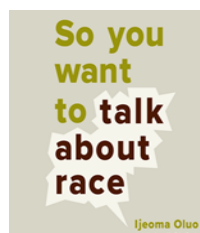
You can listen to the talks here: <https://www.unitedmethodistwomen.org/faithtalk>



Planning is underway for **Disrupting the School to Prison Pipeline Part-2**; a collaboration between NGUMW and Project Transformation North Georgia. Details will be provided within the next few weeks. I hope you will attend.

My local unit, Ben Hill UMC hosted a webinar **"United Against Racism,"** a conversation between black and white UMW sisters on confronting our own biases, having our questions answered and understanding how to become allies in the fight for racial equality. This very meaningful conversation was facilitated by Elna "Jo" Sheetz, UMC Deaconess & Rev. Brian Tillman, Associate Pastor, Ben Hill UMC and Chair, Conference Commission on Religion and Race. Conversations like this may be helpful in your own districts as we work together towards understanding and moving towards reconciliation. This is the YouTube link: <https://www.youtube.com/watch?v=jbw6nCwqVqk&feature=youtu.be>

So You Want to Talk About Race by Ijeoma Olou is a bonus book in the 2020 United Methodist Women Reading Program. Our [free online course](#) designed especially for United Methodist Women members can help you go deeper in your learning and your work for racial justice.



I have never met a person whose greatest need was anything other than real, unconditional love. You can find it in a simple act of kindness toward someone who needs help. There is no mistaking love. You feel it in your heart. It is the common fiber of life, the flame that heats our soul, energizes our spirit and supplies passion to our lives. It is our connection to God and to each other. ~ by Elizabeth Kubler-Ross

... And now these three remain: faith, hope and love. But the greatest of these is love. 1 Corinthians 13:13

Love, blessings and justice for all,

Jessica Godfrey, Social Action Coordinator
404-229-7214



Jessica Godfrey
Social Action Coordinator



GREETINGS FROM YOUR SPIRITUAL GROWTH COORDINATOR

Hello to my dear Sisters in Christ!

I hope that you are all surviving these uncertain times that we are living in as the Coronavirus pandemic continues to affect our lives every day. Please remember to reach out and touch someone's life every day so that you can spread the love of Jesus Christ and to let others know that you care for them. Remember to be the hands and feet of Christ as you show His love as you serve others.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. —*Philippians 4:6 (NIV)*

I would like to share this special prayer with you. This is a prayer that was written by Cameron Bellm from Seattle. It is very appropriate for these times.

PRAYER FOR A PANDEMIC

May we who are merely inconvenienced
Remember those whose lives are at stake.
May we who have no risk factors
Remember those most vulnerable.
May we who have the luxury of working from home
Remember those who must choose between
Preserving their health or making their rent.
May we who have the flexibility to care for
Our children when their schools close,
Remember those who have no options.
May we who have to cancel our trips
Remember those who have no safe place to go.
May we who are losing our margin money
In the tumult of the economic market
Remember those who have no margin at all.
May we who settle in for a quarantine at home
Remember those who have no home.
As fear grips our country,
Let us choose love.
During this time when we cannot physically
Wrap our arms around each other,
Let us find ways to be the loving embrace of God to our neighbors.

AMEN



My prayers are with each one of you as you continue to reach out to others through your local units of United Methodist Women. I pray God's richest blessings on each one of you.

With much love,

Carolyn Lee Wilson, North GA UMW Spiritual Growth Coordinator

E-mail: CLW770@bellsouth.net



**Vanessa Warner, Chair
Committee on Nominations**

Members

**Hafmoon Cho
Paula Dominique
Bernadette Hartfield
Celestine Jones
Sue Ownbey
Cassie Ruger**

CONFERENCE NOMINEES FOR 2021-2022

to be voted on at
Annual Meeting - October 3, 2020

FIRST TWO-YEAR TERM

President

Stephanie Dressler – North Central (AROS)

Vice-President

Jessica Godfrey – North Central (ACPK)

Secretary

Vanessa Warner – Southwest (LAGR)

Spiritual Growth

Dr. Addie Shopshire-Rolle – North Central (ACPK)

Social Action

Beverly Marshall-Goodell – West Central (AMAR)

Communications - Publications (Newsletter)

Kellie Frissell – South Central (GRIF)

Communications - Technical (Website & Social Media)

Carla Jefferson - East Central (ADOX)

Program Resources

Linda Brown – South Central (GRIF)

Committee on Nominations - Chair

Tamara Askew – West Central (AMAR)

Committee on Nominations

Janice Gallaher – Northwest (NWST)

Alice Smith – South Central (GRIF)

Diane West – Northeast (GNSV)

SECOND TWO-YEAR TERM

Committee on Nominations

Paulina Dominique – Southeast (AGST)

Sue Ownbey – South Central (AMRY)



The North Georgia Conference United Methodist Women Committee on Nominations submits the above named individuals to fill vacant slots on the Conference Leadership Team for the year beginning 2021. North Georgia Conference United Methodist Women will vote to elect slate at the Virtual Annual Meeting on October 3, 2020.

North Georgia Conference 2020 Election

Submission Deadline: September 25, 2020

The United Methodist Women's bylaws allow for nominations from the floor. Please use this form for nomination from the floor for this year's NGCUMW Conference Officers' election. If you want to make a nomination for more than one office, you must complete a form for each.

Send all Nominations from the Floor to: Vanessa Warner, Chair, NGCUMW Committee on Nominations, jwarner@charter.net or 88 Warner Road, Newnan, GA 30263. **NO nominations from the floor will be accepted as valid after: September 25, 2020**.

1. If you have questions, contact Vanessa Warner @ jwarner@charter.net or 770 254-6889.
2. For which office is your nomination?

President _____

Vice-President _____

Secretary _____

Spiritual Growth Coordinator _____

Social Action Coordinator _____

Communications – Publications (Newsletter) _____

Communications – Technical (Website & Social Action) _____

Program Resources Coordinator _____

Chair, Committee on Nominations _____

Member, Committee on Nominations _____

1. Nominee's Contact Information (REQUIRED)

Name:

Address:

City:

Zip Code

Email Address:

2. Please enter the nominee's home, cell and work numbers. If she does not have one, or it is unknown, please enter "NONE" in the space.

Home Phone Number:

Cell Phone Number:

Work Phone Number:



United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

3. Please identify the age range of the nominee. (Optional)
 - ☐ 18-30 years
 - ☐ 31-40 years
 - ☐ 41-50 years
 - ☐ 51-65 years
 - ☐ 66-70 years
 - ☐ 71 and over
4. Please identify the ethnicity/race of the nominee. Choose all that apply. (Optional)
 - ☐ African
 - ☐ African-American or Black
 - ☐ Asian-American or Asian
 - ☐ Caribbean
 - ☐ Caucasian or White
 - ☐ Hispanic or Latina
 - ☐ Hmong
 - ☐ Native American
 - ☐ Pacific Islander
 - ☐ Please write in your own preferred description

Nominator Information (REQUIRED)

Please let us know who you are.

5. Nominator Contact Information

Name:

Address:

City

Zip Code:

Email Address:

6. Please identify the local church to which the nominee belongs. (REQUIRED)

Local Church:

7. Include nominee short bio (35 words) (REQUIRED) and a picture (head photo). (OPTIONAL)

United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

North Georgia
Conference United
Methodist Women
48th Annual Meeting



October 3, 2020
10:00am–
12:00pm
**Virtual Annual
Meeting**

Register via email or complete & mail this form to Anita Pygatt, Registrar at
apygatt@gmail.com or 404 Town Center Drive, Apt. # 511, LaGrange, GA 30241

Name: PLEASE PRINT	
Email	Phone
Church	District
Check Age Group: Teen[] 20's[] 30's[] 40's[] 50's[] 60's[] 70's[] 80+[]	
First time attending UMW Annual Meeting? [] Yes No []	
*Link for the meeting and a program booklet in pdf format will be emailed after the registration deadline.	

Annual Meeting Information:

Highlights will include Elizabeth Lee, UMW Executive for Economic and Environmental Justice, Virtual Communion, Vote on slate of officers for 2021-2022, and the Doris Paul PURPOSE Award Recipients.



**Registration
deadline is
September 26, 2020**

If this is your first time attending a ZOOM meeting, please login at least 15 minutes before the start of our Annual Meeting. Also, please make sure you have your communion elements (*a piece of bread or cracker and juice or water*) available.

2020 Virtual



Dear Friends,

Mission u 2020 has gone virtual!

I pray that you and your family are well in the midst of this pandemic. The Mission u format has changed several times in 2020. The Mission u committee has planned a virtual event with dates and time listed below:

North Georgia Mission u is sharing these timely 2020 studies in virtual formats, even as the global pandemic has forced all in-person training and events to be canceled. Interested in participating? Please see a description of the studies on the registration form.

There is a \$10.00 registration fee for Virtual Mission u 2020. Please mail your registration fee to Gloria Dixon, 2520 Zane Drive SW, Atlanta, GA 30331. Deadline for registration: September 28, 2020. If you have questions, please call at 770-871-5685.

Please register based on the date and time that is best for you. Plan to remain with this group for the duration of the sessions unless an emergency arises. A secure log in will be sent to you to access the sessions you registered for.

Please click on the LINK below or paste it to your browser to register online. You can also print the attached registration form (pages 14-15) and mail it to the address above.

<http://www.123formbuilder.com/form-5616835/form>

Women United For Change Part 2 : Thursday, October 8th, 2020 7:00 p.m.—8:30 p.m.

Spiritual Growth study **Finding Peace In An Anxious World** will take place in the following configuration:

Tuesday, October 13th, 20th, 27th, 2020 Thursday, November 5th, 2020 (due to election) 10:00 a.m.—11:30 a.m.

Wednesday, October 14th, 21st, 28th, 2020 Wednesday, November 4th, 2020 7:00 p.m.—8:30 p.m.

Saturday, October 17th, 24th, 31st, 2020 and Saturday, November 7th, 2020 11:00 a.m. - 12:30 p.m.

Spanish and Korean language studies will also be offered for the Spiritual Growth Study in this format.

We have dynamic facilitators who will engage you in this timely discussion. The first **50** to register for each study series (Tuesdays, Wednesdays-or Saturdays) will be guaranteed a space. Please use the registration form for Mission u which may be found on the United Methodist Women website site; Mission u email blast or in this newsletter (pages 14-15). If these days or times do not fit your schedule, you should still register since you will have access to the recorded session for a period of time.

Go to umwmissionresources.org to order your materials today.

Children's study books may also be purchased from umwmissionresources.org. Video supplements are available at unit-edmethodistwomen.org for parents and guardians to facilitate the sessions with their children. The resources allow adults and children to interact with activities and crafts related managing their emotions including : fear, sadness, showing emotion, and handling the hurdles of life.

The book for the youth study **Managing Anxiety** is available for purchase as well at umwmissionresources.org. Video supplements are in the developmental stages. We plan to have a virtual youth study in the near future.

Please prepare to register for Women United For Change Part 2 as well as one of the Finding Peace In An Anxious World study series.



Tonya Murphy & Gloria Dixon

Mission u Dean & Mission u Registrar

Ladies,

In all the years I have been attending and leading studies at School of Christian Mission, Cooperative Christian Mission Education Event and Mission u, I have never seen an event change schedule or dates.....until 2020. What a year! We are doing so many things differently. Terry and I thought that we would miss Mission u this July because we would already have moved back to Washington state, but we are still here. It is Mission u that has changed!

The national team felt that it would be unsafe to bring large groups of people together around the country, especially since so many of our participants and facilitators are in the "high risk" age groups. Although I know this was the wise and prudent thing to do, I have really missed seeing all the folks who made Mission u so special, just by their presence (especially the children!)

I wanted to share a resource that has been made available for you to use at home with your children, grandchildren, family members, neighbors and friends. The children's study this year is *Managing Our Emotions* by Faye Wilson and Trudy Rankin. What better time is there to be talking to children about emotions than this time of stress and uncertainty as we self-isolate and quarantine at home? If you want to do the study at home with children who are special in your life, or share this info with others, you will need:



Sue Raymond
NGC UMW Parliamentarian
National Director



- The study book, available at the resource center

Managing Our Emotions helps children learn about their emotions and accept God's gift of their entire range of emotions (sadness, joy, excitement, fear and frustration to name just a few) through four two-hour sessions.

- Authors Trudy Rankin and Faye Wilson designed the four sessions to help children (and leaders) explore both positive and negative emotions. The study uses scripture memorization, Bible study and prayer, as well as exercises such as "tapping" or the Emotional Freedom Technique, to help children manage feelings in a positive and healthy way.
- This study encourages all of us—participants and study leaders alike—to be aware of our feelings, understand what the Bible teaches us about the role of feelings in our lives, find ways we can cultivate strength to deal with challenges, and discover a community in which to celebrate.

Videos have been prepared to help adults facilitate this study in a home setting. You can find these resources at: The edited/branded study leader videos are

available on UMW website. Please share!

<https://www.unitedmethodistwomen.org/managing-our-emotions-children>

Video Supplements to *Managing Our Emotions-A Children's Study*:

[Session 1: It's OK to Be Scared](#)

[Session 2: We Care About One Another](#)

[Session 3: Handling Sadness and Fear](#)

[Session 4: Showing Our Emotions](#)

[Session 5: Handling the Hurdles \(part 1\)](#)

[Session 6: Handling the Hurdles \(part 2\)](#)

It was a joy to be part of developing these videos and I hope that they will help children that you know cope with their emotions during this difficult time.

Virtual Mission u 2020 Registration Form

2020 Virtual Mission u Events

North Georgia Mission u is sharing these timely 2020 studies in virtual formats, even as the global pandemic has forced all in-person training and events to be canceled. Interested in participating? Please see a description of the studies below.

There is a \$10.00 registration fee for Virtual Mission u 2020. Please mail your registration fee to Gloria Dixon, 2520 Zane Drive SW, Atlanta, GA 30331. Registration deadline is September 28, 2020. If you have questions, please call 770-871-5685.

Please register based on the date and time that is best for you. Plan to remain with this group for the duration of the sessions unless an emergency arises. A secure log in will be sent to you to access the sessions you registered for. **Please select your study option:**

Women United for Change Part 2 Thursday October 8, 7-8:30 _____

Finding Peace in an Anxious World (English)

Tuesdays: October 13, 20, 27 (Thursday) November 5 10:00am-11:30am _____

Wednesdays: October 14, 21, 28, November 4 7:00pm-8:30pm _____

Saturdays: October 17, 24, 31, November 7 11:00am-12:30pm _____

Finding Peace in an Anxious World (Korean)

Tuesdays: October 13, 20, 27 (4th Session To Be Determined) _____

Finding Peace in an Anxious World (Spanish)

Tuesdays: October 13, 20, 27 (Thursday) November 5 10:00am-11:30am _____

Wednesdays: October 14, 21, 28, November 4 7:00pm-8:30pm _____

Saturdays: October 17, 24, 31, November 7 11:00am-12:30pm _____

***You may register for 1 spiritual growth study and the women united for change study**

Please Register Below:

Name: _____

Email Address: _____

Church: _____

District: _____

Phone Number: _____

Books are to be purchased in advance. You can purchase your books online at
<https://www.umwmissionresources.org/>

Virtual Mission u 2020 Registration Form

Finding Peace in an Anxious World - Spiritual Growth Mission Study: 2020

Finding Peace in an Anxious World, the 2020 Spiritual Growth Study uses the book of Proverbs and "The Serenity Prayer" as a guide to help Christians find their way through anxiety, worry, and fear and move towards God's peace that surpasses all understanding.

- **Women United for Change** is the second in a two-year study commemorating United Methodist Women's 150th anniversary in 2019. It will provide a historical survey of United Methodist Women and its predecessor organizations and amplify the voices that shaped the work through an overarching story of United Methodist Women changing the fact of mission
- **Managing Our Emotions: A Children's Study – 2020**
Managing Our Emotions helps children learn about their emotions and accept God's gift of their entire range of emotions (sadness, joy, excitement, fear, and frustration to name just a few) through four two-hour sessions. **Self-Guided Parent/Guardian and Child NO REGISTRATION REQUIRED**
- **Managing Anxiety: A Youth Study - Youth Mission Study: TBA**
In *Managing Anxiety*, authors Trudy Rankin and Faye Wilson provide youth with a foundational understanding of anxiety and other emotions while equipping young people with practical ways they can manage them using our Christian faith as a guide. **NO REGISTRATION REQUIRED AT THIS TIME**

FOR COMMUNITY

**NORTH GEORGIA CONFERENCE UNITED
METHODIST WOMEN**

1700 Century Circle, NE
Atlanta, GA 30345

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United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

The Reflector Newsletter

Articles Deadline Dates

Winter Edition: February 25

Spring Edition: May 25

Summer Edition: August 25

Fall Edition: November 25

2020 North Georgia Conference United Methodist Women Officers

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Vice President: Stephanie Dressler

Secretary: Diane West

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Spiritual Growth Coordinator: Carolyn Wilson

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Historian: Eloise Sykes

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Korean Coordinator: Haejin Ban

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Conference News

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